

# Illinois Association of County Officials

"...improving the quality of public service through education."

#### SPRING 2024

#### 2024 IACO OFFICERS:

President Rebecca C. McNeil - McLean County Treasurer

President Elect Erin Cartwright Weinstein - Lake County Circuit Clerk

> Vice President Karen Stukel - Will County Recorder

> Secretary / Treasurer Chris Marsh - White County Coroner

Immediate Past President Melissa Hurst - Coles County Circuit Clerk

#### **2023 BOARD OF DIRECTORS:**

Assessment Officers Mark Armstrong - Kane County

Auditors
April Palmer - Rock Island County

Circuit Court Clerks Tammy Weikert - Rock Island County

Coroners and Medical Examiners Carrie Dagg - Wayne County

County Board Members & Commissioners Michael Holliday, Sr. - Madison County

County Clerk and Recorders Lori Gadbois - Kankakee County Recorder

Regional Superintendent of Schools Michelle Mueller - ROE #40

County Treasurers Kirby Ballard - Greene County

Veterans Assistance Commissions Michael A. Iwanicki - McHenry County

#### **INDUSTRY PARTNERS:**

Scott LePenske - Devnet Chuck Venvertioh - Computer Information Concepts Becky Jansen - PayCourt

Illinois Association of County Officials P.O. Box 9296 - Springfield, IL 62791-9296 www.iacoonline.org

## Message from the President

### Rebecca C. McNeil McLean County Treasurer



www.iacoonline.org

According to our articles of incorporation and bylaws, the purpose of the Illinois Association of County Officials organization is to provide educational materials and meetings for Illinois County Officials to promote uniform procedures in Illinois Counties in order to better serve the public. In order to promote professionalism in county government service, IACO conducts annual meetings, seminars, and in-service training sessions. Additionally, IACO facilitates professional networking. These efforts are designed to maintain and enhance public confidence in county government.

During the Fall 2023 conference, we had almost 500 registered attendees between our members and vendors. That was amazing. However, bringing 9 different affiliates and so many vendors under one umbrella is a tough job. Despite that, we are so grateful to have the opportunity to gather again around the same table. Our conferences have offered numerous opportunities for you to get away to a quiet space where you can stop, listen, and think. More importantly, to have the opportunity to develop camaraderie and relationships with those around you. The challenges and opportunities we each face within the walls of our individual offices and counties are somewhat the same, yet still very different. Clearly, we are stronger when we work together.

Now we shift our focus to the IACO Spring Conference. We have some great educational sessions in the works! Our vendors also provide unique opportunities for learning new technologies or new ways of tackling old problems. AND, we are bringing back casino night at the Spring Conference. Casino night is a chance to try your hand at casino games without any risk. We will give you chips to use at the casino tables, and everyone should have a great time. Even if you are a novice, the craps, blackjack or poker dealers will help you learn. *Make plans now to join us May 15-17th at the Crowne Plaza for a great event!* 

As a County Treasurer, I work with numbers every day. However, I can also tell you that not all the counts can be counted. I am so appreciative of you, your affiliate, our vendors, the Board of Directors, the Executive Board, and especially our IACO Administrator, Tamiko Kinkade. Together, we have and will continue to accomplish great work. Thank you for the opportunity to serve as your 2024 IACO President.

Rebecca "Becky" McNeil, McLean County Treasurer

*PS* - Do you have a college student in your family? Check out the **Scholarship Application**. included in this newsletter! We have increased the amount we are awarding... it is worth your time to apply! Let your students know! Deadline: April 12, 2024

2024 IACO Spring Conference May 15-17, 2024 (Wed - Fri) Crowne Plaza Hotel - Springfield, IL

## **REGISTER TODAY at www.iacoonline.org**

# Legislative Update

## Mark Armstrong Legislative Chair Kane County Assessor



This past winter marked the beginning second year of the 103rd General Assembly. This Assembly was originally seated in January 2023, and will run until a new one is seated in 2025.

Historically, the second year of a General Assembly typically has fewer bills introduced than the first year, and this one is no exception:

Year Introduced	2023	2024	Total
House Bills	4,315	1,474	5,789
Senate Bills	2,644	1,275	3,919
Total	6,959	2,749	9,708

The deadline for introduction of new bills in each chamber was February 9. After that, committee work began, with committees in each chamber reviewing bills until the committee deadline, which was March 15 in the Senate and April 5 in the House. After committee action floor debates take place. The Senate has set a deadline of April 12 to act on bills originating in the Senate; the House has set a deadline of April 19 for its bills.

Any bill passing in the initial chamber must repeat the process in the opposite chamber during April and May. Both chambers have set May 3 as a deadline to have bills out of committee, and May 17 is the deadline for final action. Adjournment is scheduled for May 24.

Once a bill has passed both chambers, it must be transmitted to the Governor within 30 days; the Governor then has 60 days to act on those bills.

The IACO Legislative Committee continues to monitor the work of the General Assembly. The legislative chair of each affiliate organization monitors legislation that will impact the duties and responsibilities of its membership. When legislation is proposed that impacts more than one affiliate, the IACO Legislative Committee works to promote cooperation among the affiliates for a positive result for all involved.

At the Spring conference, be sure to join us for our legislative breakfast on the morning of Thursday, May 16. Our guest will be Jessica Basham, a Springfield veteran with more than two decades experience as a senior legislative aide, and was the first woman to be the Chief of Staff to an Illinois House Speaker. Jessica will talk about the inner workings of the Illinois legislature, and will answer questions from the audience as time permits.

# **County Auditors**



April Palmer Rock Island County Auditor IACO Board Member

#### REMINDER: Public Act 103-318

Effective July 1, 2023 provides that a separate additional Special Revenue Fund be set-up to record receipt of the annual State of Illinois Stipend payments for the officers eligible in each county in the offices of County Assessor, Auditor, Coroner, Sheriff, & Treasurer. The state will now be sending payments directly to the County. This does NOT affect the Circuit Clerk, County Clerk, or Recorder. They will receive a check directly made out to each as in the past years. The County payroll clerk will need to be notified of receipt to issue a check to the correct recipient through the County payroll system within 10 business days after. These payroll checks will include all applicable payroll taxes and pension payments as any other received by the same official.



Did you know Ronald McDonald House<sup>®</sup> Charities of Central Illinois collects pop tabs? It pays off in a big way, too! Each



year, they collect approximately 40 million tabs. That cashes out to about \$10,000 for our charity! So the next time you grab a can of soda, remember to save the tab for us and the many families we serve. This initiative is good for Ronald McDonald House families, local schools and the environment. We can all do a little to make a big difference in our community!



#### What is a pop tab?

Pop tabs are the little aluminum tabs from all kinds of cans: soda, some pet food, canned fruits, vegetables and more.

#### How do pop tabs help the Ronald McDonald House?

Once the pop tabs are collected, they are taken to be recycled in exchange for dollars, which support the children and families we serve at our Houses.

## START COLLECTING NOW!

Bring your tabs to the IACO Conferences! We will get them to the Ronald McDonald House Charities!

# **2023 County Official of the Year (COTY)** Kathy Keefe - McHenry County Circuit Court Clerk

During the 2023 IACO Fall Conference, we had the distinct honor of recognizing Katherine "Kathy" Keefe, McHenry County Circuit Clerk, as our 2023 County Official of the Year. The nomination that her friends, family, and close colleagues put together shined a light on her as an outstanding public servant. Kathy has provided 36 years of servant leadership within the walls of McHenry County Government and has served in a variety of capacities. For the last 15 years, she has served as the elected Circuit Clerk. She leads an office of over 50 employees who serve the 6<sup>th</sup> most populated County in the State of Illinois. The depth of her knowledge, experience, service, and leadership has been recognized county-wide. Kathy has leveraged technology in numerous ways to promote communication, collaboration, and change. Change that has resulted in millions of dollars in current and future savings for McHenry County citizens. She leads one of the most technologically advanced and efficient public offices in the State of IL and was one of the first to move her county to electronic filing.

Kathy was appointed by the Illinois Supreme Court as a member of the Illinois Supreme Court Judicial Conference, developing a strategic agenda for the Illinois Judicial Branch. She was appointed by the Illinois Association of Court Clerks on the Statutory Court Fee Task Force, serving as chairperson of the Criminal/Traffic Subcommittee, which is charged with making recommendations to the Illinois State General Assembly to address barriers to access to justice and additional issues associated with fees and other court costs in Civil, Criminal and Traffic Proceedings. She was also appointed by the Illinois Supreme Court to the Illinois Judicial College as a member of the Committee on Education. She has improved court processes by affording her vast court experience to the IL Judicial College which trains Circuit Clerks who then take that knowledge back to their local courts to implement legislative changes as taught by the Judicial College. Her service to her affiliate runs deep. After all of this, she still steps up to the plate and serves as her affiliate as zone chair. Her contributions have been recognized by officials at the local, County, and State level. Kathy has a servant's heart that goes beyond the office. She volunteers, supports numerous community organizations, and was awarded the Turning Point Peace and Justice Award in 2011. Her nominators contributed the following to further describe her dedication to public service.

# **County Official Memorials**

Please submit the names of current or former **county officials that have passed away**. We will honor them at the 2024 IACO Spring Conference in May. Please forward to me anyone that has passed since May 2023. You can forward the information to Tamiko Kinkade at **tkcps@comcast.net**.





Above: IACO President Rebecca McNeil presenting Kathy with the COTY Award.

Left: Kathy Keefe, McHenry County Circuit Clerk accepting the 2023 COTY Award.

"She is always on top of her game and has a very special characteristic that not many public servants have, empathy."

"She exemplifies what it means to be a public servant. She understands. She is always welcoming and available to help her colleagues throughout the state."

"Her pursuit of excellence and vision has propelled the 22<sup>nd</sup> judicial circuit into an electronic court system which is now viewed by others in the judicial branch as something to strive for. She serves with gratitude and humility. All she has done has been done in service to others and to further access to the court and to aid in the administration of justice."

Congratulations to Kathy and the Illinois Circuit Clerks Association!

Start thinking now about who you wish to nominate for the 2024 County Official of the Year. Nominations will open late summer.

## **Future Conference Dates:**

2024 Spring Conference – May 15-17, 2024 (Wed – Friday) Crowne Plaza Hotel, Springfield, IL

2024 Fall Conference – Nov. 18-20, 2024 (Mon – Wed) Marriott Hotel, Bloomington Normal, IL

2025 Spring Conference – May 14-16, 2025 (Wed – Friday) Crowne Plaza Hotel, Springfield, IL

2025 Fall Conference – Nov 17-19, 2025 (Mon – Wed ) Marriott Hotel, Bloomington Normal, IL

2026 Spring Conference – April 22-24, 2026 (Wed – Friday) Crowne Plaza Hotel, Springfield, IL

2026 Fall Conference – Nov. 16-18, 2026 (Mon – Wed) Marriott Hotel, Bloomington Normal, IL

# 2024 IACO Spring Conference Sponsors as of March 26th

# Platinum Sponsors:









## Gold Sponsors:

A.D. Valor Technical Cleaning Computer Information Concepts Exela Technologies Kofile LRS PayCourt

## Silver Sponsors:

AllPaid Payment Solutions InvoiceCloud Mail Services Paymerang PMA Financial Network

## Bronze Sponsors:

CourtMoney CSG Forte Goodin Associates GBS Jano Technologies PFM Asset Management Providence Bank & Trust Sidwell Vanguard Appraisals VR Systems XSoft

## Additional Exhibitors:

American Stamp & Marking Products Coast Professional, Inc. Election Systems & Software Fairfax Software IMRF Linebarger Attorneys At Law

Saltus Technologies Schneider Geospatial Snedeker Risk Management The Master's Touch, LLC TheGovApp.comTRIEDATA Inc US Imaging

# **2024 IACO Spring Conference**

May 15-17, 2024 (Wednesday - Friday) Crowne Plaza Hotel 3000 S. Dirksen Parkway - Springfield, IL

## AGENDA AT-A-GLANCE

Tuesday, May 14, 2	024			
3:00 – 10:00 pm	Exhibit Booth Set-up			
5:00 pm	IACO Board Meeting/Dinner			
Evening	Hospitality Suites Open			
Wednesday, May 15				
7:30 am	Registration Open			
7:30 am – 5:00 pm	Exhibit Hall Open			
7:30 am - 9:00 am	HOT BREAKFAST in Exhibit Hall			
9:00 – 11:45 am	Education Sessions			
11:45 am	Awards/Scholarship Luncheon			
1:30 pm – 4:00 pm	Education Sessions			
4:00 pm – 5:00 pm	Reception in Exhibit Hall			
Evening	Hospitality Suites Open			
Thursday, May 16				
7:30 am	Registration Open			
7:30 am – 9:00 am	Legislative HOT Breakfast			
8:00 am – 1:30 pm	Exhibit Hall Open			
9:30 am – 4:00 pm	Affiliate Organization Meetings			
11:30 am – 1:30 pm	LUNCH in Exhibit Hall			
1:30 pm	Exhibitor Tear Down			
5:30 pm – 7:30 pm	President's Reception - Casino Night			
Evening	Hospitality Suites Open			
Friday, May 17				
7:30 am – 8:30 am	Closing Breakfast			
To Follow	Affiliate Organization Meetings			

## Watch your email for more details! REGISTER TODAY at

www.iacoonline.org

## OFFICIAL IACO 2024 SPRING CONFERENCE REGISTRATION FORM

May 15-17, 2024 - Crowne Plaza Hotel, 3000 S. Dirksen Parkway, Springfield, IL

Attendee Full Name	2:		MEAL TICKETS:		
First Name for Badge	e (if different):	Please let us know whether or not you p			
Title/Office (e.g. Co	roner/Auditor)	to participate in the following meals. Ther no additional cost for these events, however we need accurate head counts.			
County/Jurisdiction	(e.g. Lee County):		Wednesday:		
Address:		FREE Lunch Pres D No D Unsu			
City/State/Zip:					
Phone: ()		Casino Night: Yes I No I Unsu Friday:			
E-mail:			Breakfast Buffet:  Yes  No  Unsu		
Affiliate Org	anization: EVER		TO REGISTER FOR THE CONFERENCE! A CONFERENCE NAM BE REQUIRED FOR ADMITTANCE TO ALL SESSIONS!		
<ul><li>Auditor</li><li>Board of Review</li><li>Coroner</li></ul>	<ul> <li>County Board Member</li> <li>County Clerk / Recorder</li> <li>County Engineer</li> </ul>	<ul> <li>Circuit Court Clerk</li> <li>Election Commission</li> <li>Reg. Superintender</li> </ul>	on 🛛 State's Attorney 🖓 Veterans Assistance Commissi		
Reservations at	otel Reservation the Crowne Plaza Hot /tinyurl.com/2rnbr592.		Payment Information: The Conference Registration Fee is \$2but register before May 3 and receive the Early Bird Rate of \$215.Early Bird After May 3		
Follow the steps to create your hotel reservations online. I do not recommend calling the hotel to make reservations. Often, you get forwarded to the central reservation line and they do not always have (or give) accurate information. However, if you must, you can call 217.529.7777 and use option #1 - Group Code: B2D. The hotel will provide you with a confirmation number. Rate: \$99/per night plus tax. Self-Parking is complimentary.		ons. Often, you get hey do not always you must, you can de: B2D. The hotel	<ul> <li>Full Conference Registration County Official/Deputy</li> <li>WEDNESDAY Only (Official/Deputy)* \$125</li> <li>THURSDAY Only (Official/Deputy)* \$125</li> <li>Spouse/Guest or Retired Official** \$125</li> <li>\$140</li> <li>Spouse Name:</li> <li>Total enclosed:</li> </ul>		
The hotel block expires at midnight on April 14, 2024.		oril 14, 2024.	<ul> <li>Enclosed is a check for my registration</li> <li>Please charge my credit card for registration</li> </ul>		
Hotel Reservations made and not cancelled 24 Hours prior to the 1st day of check-in will be billed for the first night's room and tax and the remaining nights reserved will be cancelled.		room and tax and	Card Type:       Mastercard       Visa       American Express       Discover         Card Number:		
<b>ONLY RESERVE THE HOTEL ROOMS NEEDED!</b> IACO loses the room nights when reservations are cancelled after the cut-off date and this can cause us to drop below our required room block number.		e cut-off date and	Name on Card:		
	UNTER A PROBLEM MAK SERVATION, contact Tam		*The One-Day Only Registration includes ONE day's activitie (Wednesday OR Thursdsay), NOT a combination of the two It is critical that everyone attending the conference register and p		

at: <u>tk@tkcpsolutions.com</u>

**Conference cancellation policy:** Conference registrations made and not cancelled will be billed. Cancellations must be made in writing on or before May 3rd to receive a refund. All refunds (less a \$25 processing fee) will be made via a check mailed to the attendee after the conference. Cancellations should be sent to the Tamiko Kinkade at the address listed below or e-mail to tk@tkcpsolutions.com.

Illinois Association of County Officials Attn: Tamiko Kinkade, Administrator P.O. Box 9296 - Springfield, IL 62791-9296 Phone: (217) 585-9065 Fax: (217) 529-7178

a registration fee. Please register everyone from your office that is

attending. **\*\*All attendees must register.** 

# Saving feels better.



The National Association of Counties (NACo) has enhanced the Live Healthy Discount Program to deliver greater healthcare savings to county residents at NO COST to the county.

## **No-cost Prescription Discount Program.**

• Save up to 80%\* on generics and up to 40%\* on brand-name prescription medications for residents and their pets

## Low-fee health discounts nationwide.

• Provides 24/7 telemedicine service and **save 15% to 75%** on vision services, hearing aids and screenings, diabetes supplies, prepaid lab work and more

## Low-fee dental discounts nationwide.

• Save **15% to 50%** on check-ups, cleanings, fillings, crowns, x-rays, root canals and more at over 110,000 participating providers



To learn more and enroll your county, visit NACo.org/Health

\*This is not insurance. Savings may vary by drug and by pharmacy. The Prescription Discount Card is operated by CVS Caremark<sup>®</sup>. The Discount Medical Organization for NACo Health and Dental Discounts is Alliance HealthCard of Florida, Inc. All rights reserved. <sup>®</sup>2022 CVS Caremark



# Student "Kick-Off" Scholarship

- ✓ Do you have a child or grandchild graduating from High School by June 2024 or graduated in 2023?
- ✓ Has your High School graduate selected a college or university or technical school?
- ✓ Is your student prepared for the cost of college level textbooks and other supplies?
- ✓ Is your student one of tens of thousands putting all their faith in a handful of "Pie in the Sky" full ride scholarship's or education grants?
- Are you a County Assessor, Auditor, Circuit Clerk, Coroner, County Clerk or Recorder, Regional Superintendent, Treasurer, County Board Member, or Superintendent of a Veterans Assistance Commission?

## Guess what? The IACO can help!

If your student is entering a 2- or 4- year college or technical school in the Fall, your membership to IACO qualifies your child or grandchild to apply for a \$2,000 or \$1,000 scholarship. With the scholarship limited to members of an IACO Affiliate organization means your student will not be competing against thousands of other hopeful students.

DON'T MISS THIS OPPORTUNITY!

Completed applications must be received by April 12, 2024

Punty

# **IACO Scholarship Application 2024**

## For the Fall of 2024 IACO will award the following scholarships:

- \$2,000 Scholarship(s) to a student attending a four-year College/ University
- \$1,000 Scholarship(s) to a student attending a two-year Community/ Junior College
- \$1,000 Scholarship(s) to a student attending one- or two-year Technical/ Trade School

**Eligibility Criteria:** High School Graduate by June of 2024. (Scholarship year 2024). Only family members (Child or Grandchild) of elected or appointed Illinois County Officials (currently employed or retired) that are active dues paying members of one of the IACO Affiliate Organizations.

- Deadline: Application MUST be received by April 12, 2024.
- Application Form:Complete the Application FormThe sponsor is the active dues paying member of one of the affiliated organizations<br/>of the Illinois Assn. of County Officials, (either currently employed or retired). This may be<br/>either a parent or grandparent of the applicant.
- Attachment I: Applicant's statement ~ Describe in 500 words or less how this scholarship would help you to achieve your goals
- Attachment II: A resume ~ Including an Official High School Transcript of grades, GPA, major award, organizations and activities, and at least one letter of support from a teacher or principal

## Attachment III: A wallet size photograph – can be emailed to <u>LePenske@devnetinc.com</u>

Return to:Scott LePenske<br/>DEVNET<br/>2254 Oakland Drive<br/>Sycamore, IL 60178<br/>Send your completed application in .pdf form<br/>via email to:

## The Criteria for Selection shall be based on the following:

- a. Scholastic ability
- b. Need
- c. Leadership and activity

Special Instructions regarding need: In the space provided on the application briefly include any circumstances which may be considered such as other children in college, medical costs, etc.

Application

**Deadline:** 

April 12, 2024

# ILLINOIS ASSOCIATION OF COUNTY OFFICIALS SCHOLARSHIP APPLICATION

Name of Applicant:	Date of Bir	th:// Age:			
Home Address:					
City:	State:	Zip:			
Email Address:					
High School Attended:					
Date Graduated (or expect to graduate):	GPA:	GP Scale: (4.0 or 5.0)			
School Address:					
City:	State:	Zip:			
College, University or Technical School you plar	n to attend:				
1-Year Technical School      2-Year College	e or Technical School 🗖 4-School. Have	you been accepted?			
Degree or course of technical training you pla	n to pursue this fall:				
What is your current career choice?					
Have you previously applied for a scholarship	from IACO? 🗖 Yes 🗖 No				
List any other scholarships for which you are	a candidate:				
This section is to be completed by the Parent	or Grandparent who is a member of IAC	0.			
Sponsor's Name*:	Title:	Title:			
Sponsor's County: S	Sponsor's Affiliate Organization:				
*Sponsor must be a current member of one of the	e IACO Affiliate Organizations, current with h	iis/her dues			
Relationship to Applicant:					
State reasons why you think the applicant	merits consideration to receive a schol	arship from IACO. If necessary, you			
may attach additional documentation					
Have you ever applied for an IACO scholarship		s 🗖 No			
If yes, did the applicant receive a scholarsh	nip from IACO? (Give details):				
List any circumstances regarding need whit	ch should be considered:				
Sic	gnature of Sponsor:				

# **2023 FALL CONFERENCE HIGHLIGHTS EDUCATION - NETWORKING - FUN - LAUGHTER**































Illinois Association of County Officials

# THANK YOU TO OUR 2023 FALL CONFERENCE SPONSORS & EXHIBITORS

5/3 Fifth Third Bank AllPaid Payment Solutions, formerly GovPavNet Ameresco ArcaSearch Corporation Associated Bank **Baird Public Finance Bellwether LLC** Bruce Harris & Associates, Inc. Catalis Tax & CAMA (formerly GovTech Services) **Centrica Business Solutions** Chase Bank Computer Information Concepts, Inc. (CIC) Court Money **Datamation Imaging Services DEVNET** Incorporated EagleView (formerly Pictometry) ElectionStats | Civera **Election Systems and Software** Engage by Cell **Exela Technologies Fidlar Technologies** Fike & Fike Inc. GBS - Governmental Business Systems Goodin Associates, Ltd. Harris & Harris, Ltd. Illinois Farm Bureau Illinois Municipal Retirement Fund Illinois Property Assessment Institute IL Public Risk Fund II State Treasurer ePAY & Illinois Funds IMFT Invoice Cloud **JANO** Technologies Journal Technologies Kofile Technologies, Inc. Law Bulletin Media Liberty Systems, LLC LRS - IT Solutions, Inc. Joseph M. Meyer & Associates **Mission Critical Partners** Nextlink Internet NICE Public Safety & Justice Platform PayCourt Paymerang PFM Asset Management LLC PMA Financial Network, LLC Platinum Technology Schneider Geospatial Sidwell Statewide Publishing Stifel TEAM ITS, LLC TheGovApp.com, a brand of OCV LLC Tipton Systems Tyler Technologies US Imaging, Inc. Vanguard Appraisals, Inc. **VR** Systems XSoft, Inc.



AllPaid Payment Solutions Associated Bank Baird Public Finance Centrica Business Solutions Datamation Imaging Services ElectionStats | Civera Engage by Cell Fidlar Technologies Fike and Fike, Inc. GBS Goodin Associates, Ltd. IMET InvoiceCloud Joseph E. Meyer & Associates Kofile Technologies, Inc. Nextlink Internet PFM Asset Management LLC Sidwell Stifel Vanguard Appraisals, Inc. VR Systems, Inc. XSoft, Inc.

Winter/Spring 2024 News



## **Mental Health FIRST AID**



# MENTAL HEALTH FIRST AID AND NACo

# CC

The feedback was overwhelmingly positive. The group was very impressed with the trainers and felt the curriculum was extremely useful in helping the county workforce address and support the need of county employees who may be experiencing mental health and/or substance use needs. The training was comprehensive, skills-oriented and provided the essential tools and guidance to support our staff."

> — Michael Orth, Commissioner, Westchester County, NY, Department of Community Mental Health

### WHY MENTAL HEALTH FIRST AID?

Mental Health First Aid (MHFA), a skills-based training administered by the National Council for Mental Wellbeing, teaches people how to identify, understand and respond to signs and symptoms of mental health and substance use challenges in their peers, friends and colleagues.

To help the National Association of Counties (NACo) realize its vision of creating healthy, safe and vibrant counties across America, the National Council and NACo are partnering to offer crucial MHFA trainings to county employees and the communities they serve. The National Council-NACo partnership will support elected officials and county staff, who are asking for help with their own mental health and wellbeing. And, by extension, create a framework for counties to destigmatize mental health and substance use issues as they provide community residents with more equitable access to quality mental health and substance use treatment services.

Less than **10%** of employees feel their workplace is free of stigmas about mental health. - McKinsey Center for Societal Benefit

Nearly **1** IN **5** adults in the U.S. lives with a mental illness. - National Institute of Mental Health Counties are the entry point to the criminal justice system, and 64% of jail inmates have a mental illness. - NACo

of MHFA at Work participants in 2021 said they would recommend the training to a colleague. - MHFA

## WHAT MHFA COVERS

- Noticing signs and symptoms of substance use and mental health challenges.
- Navigating difficult conversations about mental health.
- Knowing that recovery is possible and how to support it.
- Tackling mental health stigma in the workplace.
- Understanding principles of safety and privacy. Building resilience and strategies to alleviate burnout.
- Implementing a 5-step MHFA Action Plan (ALGEE).
- Reinforcing relevant employee resource groups, employee benefits and HR initiatives.

#### WHO SHOULD TAKE IT

- County employees at all levels, including elected officials and county staff across all departments and organizations.
- Human resources and benefits partners, senior leaders and front-line managers.
- First responders including law enforcement, corrections officers, fire and EMS services.
- Hospital and nursing home staff.
- School teachers, administrators and youth-serving staff.

#### Sources:

- Coe, E., Cordina, J., Enomoto, K., Seshan, N. (2021, July 23). Overcoming stigma: three strategies toward better mental health in the workplace. McKinsey Quarterly. <u>https:// www.mckinsey.com/industries/healthcaresystems-and-services/our-insights/ overcoming-stigma-three-strategiestoward-better-mental-health-in-theworkplace
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- National Institute of Mental Health
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- National Association of Counties. (n.d.) Behavioral health matters to counties. <u>https://www.naco.org/sites/default/files/</u> <u>documents/NACo%20Behavioral%20</u> <u>Health%20Priorities.pdf</u>

